

## INSTINCT PREFERENCE MEASURE

Below are a few questions to help measure your preferences for a variety of activities and experiences. They are not a measure of intelligence - or anything else. Just a listing of a few individual preferences. The activities and experiences are listed from Item 1 to Item 50.

**A.** Which of the following activities do you most like? Mark them in order of preference from 1 (least-preferred) to 10 (most-preferred).

Item no.	Activity	Score
1	Watching 'Songs of Praise' or other religious programmes on TV.	
2	Making things with your hands.	
3	Watching an erotic film.	
4	Taking time out to meditate.	
5	Preparing a good meal.	
6	Putting time into gardening.	
7	Watching boxing on TV.	
8	Listening to relaxing music.	
9	Watching a TV programme about science or history.	
10	Talking to a lively, medium - large group of friends.	

**B.** On a scale of 1 to 10 indicate how *often* you enjoy a particular activity. 1-2=very seldom: 3-4=not very often: 5-6=intermediate: 7-8=quite often: 9-10=very often.

Item no.	Activity	Score
11	Wandering round the garden.	
12	Humming a favourite tune.	
13	Thinking about sex.	
14	Attending a church service (perhaps Complin).	
15	Tinkering with tools or models.	
16	Feeling the presence of a higher power.	
17	Showing impatience or anger when impeded or contradicted (e.g. kicking a chair).	
18	Thinking about food.	
19	Wrestling with a problem that requires understanding.	
20	Seeking out friends to socialize.	

**C. Dream Careers.** If you were to have your time again (and had a private income and the necessary abilities no doubt), what career path would you choose. Please number the following choices from 1-10, where 1=the two least-preferred careers and 10= the two most-preferred (Try to be serious, no matter how daft the option).

Item no.	Career	Score
21	Church Elder.	
22	Garage Mechanic.	
23	Professional Musician (e.g. classical music or trad. Jazz).	
24	Backing Singer.	
25	Restaurant Owner or Manager.	
26	Masseur/masseuse in a brothel.	
27	Cage Fighter.	
28	C. of E. Lay Brother or Sister.	
29	Scientist (Biology or Genetics perhaps).	
30	MC or Toastmaster.	
31	Potter or Sculptor.	
32	'Head Kicker' for a mining company.	
33	Garden Centre Owner.	
34	Jobbing Gardener.	
35	Evangelical Preacher.	
36	Plymouth Brethren Meeting Inspirer.	
37	Chef.	
38	Marine Biologist.	
39	Sexual Difficulties Counselor.	
40	Spruiker for a Street Stall.	

**D. Worst Possible Scenario.** Which of the following scenarios would be most unbearable - or, at least uncomfortable for you. Mark them from 1 (most bearable) to 10 (most unbearable).

Item no.	Scenario	Score
41	You are trapped at an Atheist convention. The speaker today and every day is Richard Dawkins. His topic is always 'The God Gene'. You are not allowed to interrupt.	
42	You are trapped in a 'Revival Centre'. You are required to speak and to put forward the following argument. 'Logic is a false hope: God knows best'.	
43	You are on a bread and water fast at the beginning of a lent of undisclosed length.	
44	At the third day of a continuing 'Loving Through Discussion' workshop. You are now required to speak in favour of 'gentle arguments'.	
45	You are alone in a Buddhist Meditation Retreat. You cannot leave and the retreat is surrounded by forest and precipices.	
46	You have been rejected and cast out by your religious community. The rejection is permanent.	
47	You are required to work forever as a concreter, concreting over the gardens of new built houses where a forest once stood.	
48	After an accident, you have lost all use of your fingers.	
49	After a minor stroke, you have lost the ability to enjoy, or even understand music.	
50	After a (different) stroke, you have lost the ability to perform sexually. But not the desire.	

## CALCULATION OF RESULTS

You can now calculate your preference for each of the instincts described in the file "How Many Archetypes or Instincts 1". Simply add up your scores on the items in each row. The three most heavily scoring instincts and the three scoring least heavily may tell you most about your preferences.

<b>For Religious Belonging</b>	item no.	1	14	21	28	46	<b>total</b>
	Score						
<b>For Tool Making</b>	item no.	2	15	22	31	48	
	Score						
<b>For Sex</b>	item no.	3	13	26	39	50	
	Score						
<b>For Religious Experience</b>	item no.	4	16	35	36	41	
	Score						
<b>For Science</b>	item no.	9	19	29	38	42	
	Score						
<b>For Nutrition</b>	item no.	5	18	25	37	43	
	Score						
<b>For Aggression</b>	item no.	7	17	27	32	44	
	Score						
<b>For Sociability</b>	item no.	10	20	30	40	45	
	Score						
<b>For Growing Plants</b>	item no.	6	11	33	34	47	
	Score						
<b>For Musicology</b>	item no.	8	12	23	24	49	
	Score						

**SUMMARY**

<b>1</b>			<b>Top 3</b>
<b>2</b>			<b>TOP 3</b>
<b>3</b>			<b>TOP 3</b>
<b>4</b>			-
<b>5</b>			-
<b>6</b>			-
<b>7</b>			-
<b>8</b>			<b>BOTTOM 3</b>
<b>9</b>			<b>BOTTOM 3</b>
<b>10</b>			<b>BOTTOM 3</b>